

**Materials List for
Fresh Alla Prima Florals in the Still Life Workshop
with Cynthia Inson**

Medium: Oils, either regular or water mixable.

Color Palette: (I recommend the following limited palette of both cool and warm paints but you can bring whatever you are comfortable using)

Dioxazine Purple, Ultramarine Blue, Cobalt Blue, Viridian, Permanent Alizarin Crimson, Transparent Red Oxide, Cadmium Yellow Medium, Lemon Yellow. Titanium White.

Substrates: Paper canvas, panels, canvas panels. Please come prepared. Have your panels or boards coated and primed with gesso prior to the start of the workshop. Keep you size small each day to reach our goal of completing a different study each day. 6" x 8", 8" x 10", 9" x 12", or 6" x 12" max. Please nothing larger as we will be painting a completely different study each day of the workshop. You will need a total of four, one for each day. And you might want to bring an extra as you speed up your approach to take advantage of the different setups (just a hint).

Brushes: Your favorite combination of flats, filberts, in a variety of sizes. Suggestions include my personal choices: variety of #4 flats including short and long, #4 filbert, #6 long curved flat, #6 long flat, #8 long curved flat and #8 long flat, #10 flat. Either bristle or synthetic is fine, however if you are using water mixable oils for the first time you will want to use synthetics. Princeton is fine, my personal go to is always Rosemary Ivory.

Additional items needed: palette or paper palette, palette knife, paper towels, water container if using water mixable oils, brush cleaner and solvent for regular oils.