

MATERIALS LIST FOR PAINT YOUR HEART OUT

with Alice Webb

Many of the items I have listed below are available through the online Dick Blick store or Jerry's Artorama (Blick is primarily where I purchase my materials) or there are several other artist websites you may use. Michaels is a great place to buy good quality and inexpensive canvases. I do not recommend that you purchase your pigments there. If you do not want to order your pigments online then I recommend Artisans. I will be demonstrating using both oils and acrylics.

Materials List for Oils and Acrylics Palette

For oils you may purchase a piece of plexiglass or Lexann (recommended for oils) or use a disposable palette paper pad (best for acrylics and can also be used with oils – ask for Gray Matter). For acrylics I highly recommend a Masterson's Stay Wet palette which you can purchase at Artisans or online at Blick or Amazon. Make sure you get the palette for acrylics which will include some palette paper and a palette sponge.

Pigments I use Rembrandt brand oils but you may use student grade oils. I use a combination of Golden and Liquitex for acrylic. Golden OPEN stays wet longer than either Liquitex or Golden.

These are the essential colors you will need. Also pick out some colors that excite you!

Titanium white -150 ml tube (for all other hues you will need a small 40 ml tube)
Cadmium Yellow Medium, Cadmium Yellow Light or Lemon,
Indian Yellow

Cadmium Red Medium, Alizarin Crimson, Cerulean Blue, Ultramarine Blue Phthalo Blue
Black

Painting Medium for Oils

Liquin original and some small plastic cups (I use small yogurt cups)

Solvent for Oils

Gamsol

You will need several cans and a container with a lid (I recycle a lot of items found in my kitchen)

Painting Mediums and other items for Acrylics

Retarder (will keep the paint from drying super fast and also makes a good medium)

A spray water bottle

Several dark colored watercolors pencils

Several Fine line acrylic markers

Brushes

I highly suggest you order these from Blick or get someone at Artisans to help you pick out your brushes. I use the Silver Brush Silverwhite Soft synthetic brushes for oils and the Princeton Dakota Series 6300 Synthetic Hair Brushes for acrylics. If you plan to experiment with both oil and acrylic you will need to purchase brushes for each medium – in other words have brushes you use only with oils and brushes you use only with acrylics. Have a variety of brushes. I use angular brushes and flats primarily with acrylics and filberts with oils. But you may chose to mix it up a little more.

Suggested for For oils: One size 4 Filbert, One size 6, Filbert
One size 2 Filbert

Suggested For Acrylics:

One or two size 4 Flats Optional, One size 2 flat and One size 6 Flat

Again you may want to try different brushes. So go to Artisans or Michaels and see what looks like it would be fun to work with but do not get a fan brush.

Palette Knife – either a size 33 or a size 31

Supports

Two 9" x 12" canvases or canvas panels Four 11" x 14" canvases or canvas panels

Two 16" x 20" canvases or canvas panels

Miscellaneous

A roll of Scott Shop Original Paper towels

A glass scraper (you can purchase these items at any hardware store)

A box of Medical Exam Gloves (can be purchased at Walgreens or CVS) or

other painting gloves if you already have some. Not necessary if using acrylic.