

Cynthia Rowland Materials List

A tool box for supplies.

5 Filbert bristle brushes for general painting (#2, #4, #6, #8, #10).

(I like Silver brush, Grand Prix Filberts).

Also, I have recently been using synthetic filbert brushes from Rosemary & Co. Brushes.

1-3 Sable Brushes for finish work.

When it comes to brushes, you have to pick good artist brushes from an art supply store; and they have to be brushes that you will really love and enjoy using as they become as important as your fingers.

Painting knife.

Medium: Gamblin Gamsol Odorless Mineral Spirits and Walnut Alkyd Medium. Roll of Viva Paper Towels (Viva is the most absorbent).

Glass Palette or a Wooden Palette that has been coated with linseed oil.

Under the glass palette, you need to have either wood or a piece of grey Canson paper that will act as your mid-tone value on a scale half way between black and white. White palettes are very difficult to use, so I recommend glass or wooden palettes.

Paints:

The following are the colors I use which consist of a warm and a cool version of each of the primaries and a few other colors. You are not required to have all of them. The ones you need for the class are marked *.

*Cadmium Lemon *Cadmium Yellow Medium

Yellow Ochre

Cad Orange

*Cadmium Red Light *Permanent Alizarin Crimson

Venetian Red Quinacridone Magenta Viridian

Bring a pad of 9" x 12" Canvas Paper.

Cobalt Blue

*Ultramarine Blue

*Phthalo Blue or Prussian Blue *Burnt Sienna

*Burnt Umber

Raw Umber

*Flake or Titanium White

Ivory Black

You will need 4 canvases for this class. Please bring GOOD canvas which you can obtain at an art store. DO NOT buy FREDRIX cotton canvas. They are terrible and you will be fighting the canvas the whole class. I have had many students who can testify to this. 11"x 14" or 12" x 16", whichever you feel comfortable using. I use Acrylic Primed Centurion Linen Pads which I get from Jerry's Artarama. I tear off a sheet and tape it to a board. Please tone your canvas to a mid-grey with acrylic. You can tone with white plus a little ivory black and a hint of burnt umber or use "Golden Heavy Bodies Neutral Gray N6" premixed acrylic.

I'm looking forward to working with you. You are taking on a new and different challenge, so don't get discouraged. It has been said, "The first 500 portraits are the hardest. . ."

Please so not hesitate to call me with any questions you might have (505) 985-4153.